

My ADULTING Chart

Are YOU ready to be on your own?

Evaluate your *real-world readiness* while earning #adulting stickers along the way. Mastering these tasks will help you build the skills you need to be a *confident* and *independent* adult.

Real-World Task	I Can Do It!	Real-World Task	I Can Do It!
Do your own laundry, from start to finish.	★	Get your driver's license.	★
Shop for and make a meal.	★	Use a map or an app to go somewhere new.	★
Make your own doctor appointment.	★	Talk to someone in customer service to solve a problem.	★
Apply for a job or gig.	★	Ask for help from someone you don't know.	★
Open a new account (bank, credit card, gym membership).	★	Memorize your social security number.	★
Create a monthly budget.	★	Use public transportation.	★
Learn how to tip.	★	Write, address, and mail a letter.	★
Bank both online and in person.	★	Return something to the store.	★
Pay bills.	★	Vote.	★
Learn how to mend something or sew on a button.	★	Take over a chore a parent usually does.	★

Completion of this chart certifies that I possess the necessary skills to *successfully* start out on my own. **I hereby decree that the world is my oyster and I will carpe diem.**

Signed: _____ Date: _____

