



# FIVE STEPS TO START LETTING GROW

However you found us, we're guessing you're excited to jump in. Great! We've got Five Steps to Start Letting Grow. Let's go!



## ACTION #1

Get to know us! Let Grow has a wealth of [resources](#), [webinars](#), [blog posts](#)—even [crime stats](#)—all ready to reassure and encourage you on our website. Explore it, bookmark it, and keep coming back. There's always something new!

## ACTION #2

[Join Let Grow](#) and start promoting independence, responsibility, and free play at home. We make it easy with FREE Let Grow Family Editions of the independence-building materials schools use. Plus we'll send you (but not overwhelm you with) tips, newsletters, and more. Take our [Pledge of Independence](#) with your kids for bonus materials.

## ACTION #3

Keep Friday afternoons open for free play and start Free Play Fridays in your yard, neighborhood, at a local park, church, or open field. Let the kids play on their own (really, they'll be fine!) while you go inside for some peace and quiet, or socialize with other parents to keep from hovering over the kids.

## ACTION #4

Help make it normal again to give kids some independence and freedom. Spread the word on [Instagram](#), [X](#), or [Facebook](#). Shout it with a bullhorn from your front yard! (Or...not.) Post on NextDoor or your HOA's forum to find local Let Grow allies. Join [Let Grow's Facebook Group](#) to share stories, questions, and photos.

## ACTION #5

Consider working with your children's school(s) to spread the importance of independence, or get more families to let their kids walk to school, or start a Play Club. Administrators might feel a bit defensive if they think parents are demanding something (just like parents can feel defensive if they think schools tell them how to parent), so start with our [tips and templates](#).

**And if you'd like to go a little further... we always appreciate [donations](#)! Large or small, they help us keep making it easy, normal, and legal, to give kids the independence they need!**